

HEALTH BENEFITS

- Antioxidant-Rich
- Immune Boosting
- Source of vitamins A, B, B1, C, and K
- A plant-based diet featuring leafy greens can help prevent colon and bladder cancers
- Contains sources of carbs, protein, niacin, carotenoids, potassium, iron, zinc, and magnesium



- Ingredients: Pea shoots, radish, shungiku, cilantro, & Mesclun Mix (pac choi, mizuna, kale, mustard, arugula, & lettuce)
- "A wonderful, tasty blend with our Asian greens." — Sal Gilbertie

ORGANICS

MICROGREENS & SALADS
Local • Soil Grown

Asian Blend



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